

# **How, Why, and What I Write**

from *Fear Me Not, Says Death*,  
a book about non-existence of death

Aleksandra Maria Ścibor Infinity

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I write for I AM

I write for I am not. I write for I surrender. I surrender and disappear. I write for moment to moment I surrender and disappear. I disappear so that how, why, and what I write appear. How, why, and what I write appears as I disappear. Words appear as I disappear.

We happen parallel.

Our (dis)appearance is simultaneous. We manifest coetaneously. Inseparably we (dis)appear. Inseparable we belong together. We release each other. I disappear so that you appear. I cease to exist so that you begin. I cease to exist and you begin. I disappear and you appear. You cannot be without me disappearing. Could you disappear so that I appear?

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How are you? How am I? How are we? How is us? How is the in-between us? How is the in-between you and me? Why is the in-between you and me? Why is the in-between us? Why is us? Why are we? Why am I? Why are you?

What are you? What am I? What are we? What is us? What is the in-between us? What is the in-between you and me? How, why, what is the in-between? What is there? Why is there? How is there? Is there you? Is there me? Is there we? Is there us? Is there the in-between us? Are we there? How is (t)here? Why is (t)here? What is (t)here?

I know that death does not exist.

I just know. I do not know the how of me knowing. Neither do I know the why. I do not need to know them. Me knowing is enough.

Me knowing is very different from my knowing. Me knowing does not belong to me. Neither does it become yours as I share it with you. And it does. It does belong to you and it does belong to me. It belongs to us. It belongs to all of us. It is mine and it is yours. It is ours and it is not for it is How, Why, and What Is.

Me knowing is (t)here. It is (t)here available. Moment to moment. It is (t)here to be sensed. It is (t)here to be felt. It is (t)here to be lived. It is just (t)here. (T)here it just is. It just is. It never imposes. It is free. It is How, Why, and What Is.

Me knowing is How, Why, and What Is. I am me knowing. I am How, Why, and What Is. I am I AM

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Know that I write from Freedom. How, why, and what I write comes from Freedom. How, why, and what I write is Freedom. I am not a human me. I am not a person. (T)here is no person. Neither is (t)here any identification. I own nothing and I own everything for I AM owns in, with, and through me. I cease to be me to be owned. I AM owns me. I AM owns me in Freedom, with Freedom, through Freedom. I cease to be me to own. I own Freedom. Freedom owns me. Freedom writes in me, with me, through me. I write in, with, and through Freedom. I just write. I write how, why, and what I write. I write how, why, and what I know. I write How, Why, and What Is. I write from Source.

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Hear how I write. Hear why I write. Hear what I write. Hear the in-between of how, why, and what I write. Hear into how, why, and what I write. Hear into the in-between.

Sense how I write. Sense why I write. Sense what I write. Sense the in-between of how, why, and what I write. Sense into how, why, and what I write. Sense into the in-between.

Feel how I write. Feel why I write. Feel what I write. Feel the in-between of how, why, and what I write. Feel into how, why, and what I write. Feel into the in-between.

(T)here is Silence.

Sense Silence. Feel Silence. Taste Silence. Smell Silence. Hear Silence. See Silence. See Silence in between my words. See Silence within my words.

See into Silence. Hear into Silence. Smell into Silence. Taste into Silence. Feel into Silence. Sense into Silence.

From Silence emerges me knowing.

Sense me knowing. Feel me knowing. Taste me knowing. Smell me knowing. Hear me knowing. See me knowing.

See into me knowing. See into the within of me knowing. Hear into the within of me knowing. Smell into the within of me knowing. Taste into the within of me knowing. Feel into the within of me knowing. Sense into the within of me knowing.

Sense into you. Feel into you. Taste into you. Smell into you. Hear into you. See into you. See into the within of you.  
In, with, and through the within of me knowing into the within of you.



From the within of you choose.

Yes! You need to choose. The human you needs to choose. You embodied need to make a choice.

(T)here is neither negative judgment nor positive appreciation. None of them exists within Source.

Every choice of yours is legitimate. How, why, and what you decide is true. It is true for you within the moment of you deciding. How, why, and what is true to you inspirits you. Moment to moment. Every choice true to you is You.

(T)here is neither negative judgment nor positive appreciation. None of them exists within Source.

Your choice only shows your readiness. Your readiness is (t)here when you are ready. It cannot be (t)here if you are not ready. Sense into your readiness. Feel into you readiness.

Respect your readiness whether it is (t)here or not. Respect your earthly timing. Honour your human dynamics. Honour you so that you be You. Once you give enough, You reveals. Once you receives enough, You is (t)here.

Enough is important. Enough is enough and it is never enough for once you start to feel that it is enough, enough just begins. And then enough expands into moment-to-moment giving and moment-to-moment receiving. It expands into moment-to-moment receiving and moment-to-moment giving. Within here, within now. Within the Here of here and within the Now of now.



Sense into you within the Here of here. Sense into you within the Now of now. Feel into you within the Here of here. Feel into you within the Now of now. Know How, Why, and What Is. Know How, Why, and What You are. Know You. Know You Infinity.

You Infinity is How, Why, and What Is. You Infinity are How, Why, and What Is. You Infinity are How, Why, and What You are. Infinity within, Infinity without, Infinity in between. Infinity everywhere, Infinity nowhere. Infinity here, Infinity there. Infinity yesterday, today, tomorrow. Beyond, beneath, and in between time Infinity. Beyond, beneath, and in between space Infinity. Beyond, beneath, and in between dimensions You. Beyond, beneath, and in between dimensions How, Why, and What Is. You - your first and ultimate dimension. Nothing less, nothing more.  
Everything less, everything more.

I call Infinity I AM



I write how, why, and what I write. You read how, why, and what I write. You read how, why, and what you read. Whose are these words? Who do they belong to? Are they mine or yours? Are they mine as I write them? Do they become yours as you read them? Is it enough to read them to own them? Is it enough to write them to claim them? How do these words become yours as you read them? How do they become mine as I write them? Why are they mine? Why are they yours? Why are these words? What are they? What do they belong to? Do they belong to us? Do they belong to many of us? Do they belong to any of us? They do and they do not. How do they belong? Why



do they belong? Do they actually need to belong? They do not and they do. They need to belong. They need to belong to me and they need to belong to you. They are mine and they are yours. They are mine for I am (t)here to live how, why, and what they unravel. They are yours for you are (t)here to live how, why, and what they unravel.

How, why, and what emerges in, with, and through my words is infinite. How, why, and what emerges in, with, and through your words is infinite. How, why, and what emerges in, with, and through my words is How, Why, and What Is. How, why, and what emerges in, with, and through your words is How, Why, and What Is. My words reveal Me.

Your words reveal You. My words and your words reveal How, Why, and What Is.

Release yourself into reading them. I release myself into writing them. Let's release ourselves into living them, into living how, why, and what they reveal, into living How, Why, and What Is. I release myself into living Me. Release yourself into living You. Into living.

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Silence.

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Can you hear Silence? Can you hear Silence in between one word and the other? Allow Silence in between one word and the other. Allow Silence within them. Allow Space. Allow Space in between one word and the other. Allow Space within them. Can you sense Space? Can you sense Space in between one word and the other? Can you sense Space in between their sounds? Sense into their in-between. Sense into their within. Sense into your in-between. Sense into your within.

Sense.

Feel.

Feel into the in-between. Feel into the within. Into you in-between, into you within, into you. (T)here is How, Why, and What Is. (T)here You are. (T)here I AM

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I am I AM

I unknow so that I be I AM

Me knowing is in, with, and through unknowing. It unfolds in, with, and through unknowing the known. I unknow the known. I unknow my knowing as I release from the known. I release from my knowing and I unknow. I unknow how, why, and what I know so that I not know. I unknow me into me not knowing. I become me not knowing. I am me not knowing. Me not knowing allows me to know differently. Me not knowing allows me knowing differently. I know not so that I know differently. I know not so that I know.

From knowing into unknowing into not knowing into knowing differently. Again. From knowing into unknowing into not knowing into knowing How, Why, and What Is. Again. More. Again and again. More and more. Each time more. I know not so that I know How, Why, and What Is. I know not so that I know How, Why, and What I AM

Me not knowing invites me knowing differently. You not knowing invites you knowing differently. Me not knowing is where me knowing How, Why, and What Is is. You not knowing is where you knowing How, Why, and What Is is.

Me not knowing is me knowing How, Why, and What I AM. You not knowing is you knowing How, Why, and What I AM. Me not knowing is me knowing Me. You not knowing is you knowing You.

Are you ready to be You knowing? Are you ready to be How, Why, and What Is? Whether or not, You are. Whether or not, How, Why, and What I AM You are.

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I know where how, why, and what I know is from. I know where how, why, and what I know is from for I am (t)here. I know How, Why, and What Is is from for I am (t)here. I am there and I am here. I am here from there. There I am from here. There I am for I am here. I am here for I am there. Here I am from there. Here is where there is.

(T)here I AM

Here I AM

I AM here and I AM there

There and here I AM

I AM here from there

There I AM from here

(T)here I AM

I know How, Why, and What Is is from for (t)here I AM

(T)here I AM How, Why, and What Is

(T)here How, Why, and What I AM

*(T)here How, Why, and What I AM* is the most visceral experience of the embodied me. It is the most mystical, ungraspable, and undefinable me.

I define the undefinable. I describe the indescribable. I embrace the unembraceable, the most ever embraceably unembraceable. I embrace the most ever unembraceably embraceable.

How, Why, and What I AM, embrace me. Do I actually need to ask for you embrace? I embrace You. I embrace How, Why, and What I AM. I embrace Me.

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