

SensingReceivingFeeling is one.

Sensing, receiving, feeling are oneness.

SensingReceivingFeeling is one. One is one. One is How, Why, What Is.  
Within one (t)here is no differentiation. (T)here is no need for differentiation.  
Within one all is one. Silence.

Sensing, receiving, feeling are oneness. Oneness is the beingness of one.  
Oneness is how one expresses - materialises and manifests.  
Sensing, receiving, feeling are the beingness of one.

Sensing, receiving, feeling are oneness. SensingReceivingFeeling is one.

Sensing, receiving, feeling are independent from each other.

Each of them is sovereign.

Each is absolute, entire, complete.

Sensing is absolute, entire, complete. Receiving is absolute, entire, complete. Feeling is absolute, entire, complete.

Sensing, receiving, feeling exist each on their own. They are each on their own and of their own.

Each of them is oneness.

Sensing is oneness. Receiving is oneness. Feeling is oneness. Each is oneness.

Together they are one. Together (t)here is one.

SensingReceivingFeeling is one. (T)here is one. One is How, Why, What Is.

Sensing, receiving, feeling belong together.

They create, complement, complete each other.

One of them does not exist without the others.

The others are not without the other one of them.

Only the other one of them and the others exist.

The other one of them and the others are one.

Together they are one.

Together (t)here is one.

Sensing, receiving, feeling happen parallel.



They exist simultaneously.

They are simultaneous.

They are a multi happening.

They are one multi happening.

They are one multi oneness.

SensingReceivingFeeling is a multi one.

(T)here is MultiOne.

Sensing, receiving, feeling multi happen.

They need to multi happen.

This is how, why, what they are.

Them multi happening is faster than the human perception of speed.

Them multi happening exceeds the human capacity of velocity experience.

Sensing, receiving, feeling multi happen and multi are.

They multi happen parallel and they multi are parallel.

They are one multi parallel. They are one parallel multi.

They are multi parallel one. They are multi one parallel.

They are parallel one multi. They are parallel multi one.

(T)here is OneMultiParallel. (T)here is OneParallelMulti.

(T)here is MultiParallelOne. (T)here is MultiOneParallel.

(T)here is ParallelOneMulti. ParallelMultiOne.

Sensing, receiving, feeling require practice.

They require dedication and consistency.

They require time and space.

The human needs to offer themselves to sensing, receiving, feeling on a now-by-now basis.

Practising sensing, receiving, feeling creates a reality.

Practising sensing, receiving, feeling you create a reality.

Practising sensing, receiving, feeling you create your reality.

You practising sensing, receiving, feeling create you reality.



Nowbynow.

Ongoingly engaging into sensing, receiving, feeling, you create how, why, what you practise.

You become the creator of how, why, what you practise.

How, why, what you practise is your creation.

How, why, what you practise is you creation.

How, why, what you practise is you.

YouCreatorYouCreation is the third one.

There is neither negative judgment nor positive appreciation. None of them exists within Source.

Sense, receive, feel how, why, what you create.

Sense, receive, feel you creation.

You creator, sense, receive, feel you creation.

Sense, receive, feel you.

Sensing is about openness. Receiving is about transparency. Feeling is about welcoming.

Sensing, receiving, feeling call for surrender.

SensingReceivingFeeling calls for surrender.

*Sensing*

Sensing is about openness.

It is about becoming open.

Sensing is being open.

It is being open presence.

It is open presence.

Practising sensing you become open presence.

Sensing you are open presence.

Open presence you practises sensing.

Openly present you practise sensing.

Openly present you become sensing.

Open sensing you are.

YouOpenSensing.



SENSE

Sense openness.

Sense your openness.

Sense how approachable you are.

Sense how available you presence are.

Sense open you.

Sense you openness.

PRACTISE

Practise being available.

Practise you availability, manifest and welcoming availability.

You manifest and welcoming openly present availability.

You open availability.

Openly available you.

Openly available you are.

Openly available you sense.

Openly available you sense the sensing you.

ALLOW

Allow yourself to sense.

Allow yourself time. Allow yourself space. Allow yourself time and space to sense.

Allow the sensing you.

How is it? How is it to be the sensing you? How is it to be the sensing?



Sensing desires you to sense.

Sensing desires you to sense the sensing you.

Sensing desires you to become the sensing you.

Sensing desires you to be the sensing you.

Sensing gives you all you are ready to sense.

Sensing gives you boundlessly.

SENSE ENDLESSLY

SENSE BEGINNINGLESSLY

SENSE YOU

There is time. Allow yourself time to sense. Allow yourself to sense time. Allow time.

There is space. Allow yourself space to sense. Allow yourself to sense space. Allow space.

Sense time. Sense space. Be the sensing. Being the sensing, become time. Being the sensing, become space.

Sense time and space. Become time and space. Time and space you become. Time and space you are.

You time and space are ready to receive.

YouTimeYouSpace are ready to receive.

YouTimeSpace is ready to receive.

You, the sensing time, is (t)here to be received.

You, the sensing space, is (t)here to be received.

The sensing you time and the sensing you space are (t)here to be received.

The sensing YouTimeSpace is (t)here to be received.

The sensing YouTimeSpace is (t)here to receive.

Sensing is (t)here to be received. Sensing is (t)here to receive.

Sensing prepares you to receive.



Sensing desires to be received.

Sensing desires you to receive.

Sensing desires you to receive the sensing you.

Sensing desires you to become the sensing you.

Sensing desires you to be the sensing you.

Sensing desires you to be the sensing.

Sensing desires you to be in, with, through the sensing.

BE IN THE SENSING

BE WITH THE SENSING

BE THROUGH THE SENSING

How is it? How is it to be in, with, through the sensing? How is it to be in, with, through the sensing you?

Sensing prepares you to receive.

Practising sensing you prepare yourself to receive.

In, with, through sensing you become ready to receive.

In, with, through sensing you are ready to receive.

In, with, through sensing you receive.

RECEIVE

RECEIVE IN THE SENSING YOU

RECEIVE WITH THE SENSING YOU

RECEIVE THROUGH THE SENSING YOU

AGAIN

A NEW

NOW

*Receiving*

Receiving is about transparency.

It is about becoming transparent.

Receiving is being transparent.

It is being transparent presence.

It is transparent presence.

Practising receiving you become transparent presence.

Receiving you are transparent presence.

Transparent presence you practises receiving.

Transparently present you practise receiving.

Transparently present you become receiving.

Transparent receiving you are.

YouTransparentReceiving.



RECEIVE

Receive transparency.

Receive your transparency.

Receive how crystalline you are.

Receive how neutral you presence are.

Receive transparent you.

Receive you transparency.

PRACTISE

Practise being neutral.

Practise you neutrality, open and available neutrality.

You open and available transparently present neutrality.

You transparent neutrality.

Transparently neutral you.

Transparently full and transparently empty.

Transparently full you are transparently empty.

Transparently empty you are transparently full.

Full and empty neutrality you are.

Neutrally full and neutrally empty you receive.

Neutrally full and neutrally empty you receive the receiving you.

ALLOW

Allow yourself to receive.

Allow yourself time. Allow yourself space. Allow yourself time and space to receive.

Allow the receiving you.

How is it? How is it to be the receiving you? How is it to be the receiving?



From the sensing you into the receiving you.

From open you into transparent you.

From approachable into crystalline.

Approachable and crystalline you sense and you receive.

How is it to receive from the sensing you?

How is the receiving you from the sensing you?

How are the receiving you from the sensing you?

How are you?

How are you the receiving?

How is it to sense from the receiving you?

How is the sensing you from the receiving you?

How are the sensing you from the receiving you?

How are you?

How are you the sensing? How are you the receiving?

Receiving desires you to receive.

Receiving desires you to receive the receiving you.

Receiving desires you to become the receiving you.

Receiving desires you to be the receiving you.

Receiving gives you all you are ready to receive.

Receiving gives you boundlessly.

RECEIVE ENDLESSLY

RECEIVE BEGINNINGLESSLY

RECEIVE YOU

There is time. Allow yourself time to receive. Allow yourself to receive time. Allow time.

There is space. Allow yourself space to receive. Allow yourself to receive space. Allow space.

Receive time. Receive space. Be the receiving. Being the receiving, become time.

Being the receiving, become space.

Receive time and space. Become time and space. Time and space you become. Time and space you are.

You time and space are ready to feel.

YouTimeYouSpace are ready to feel.

YouTimeSpace is ready to feel.



You, the receiving time, is (t)here to be felt.

You, the receiving space, is (t)here to be felt.

The receiving you time and the receiving you space are (t)here to be felt.

The receiving YouTimeSpace is (t)here to be felt.

The receiving YouTimeSpace is (t)here to feel.

Receiving is (t)here to be felt. Receiving is (t)here to feel.

Receiving prepares you to feel.

Receiving desires to be felt.

Receiving desires you to feel.

Receiving desires you to feel the receiving you.

Receiving desires you to receive the receiving you.

Receiving desires you to become the receiving you.

Receiving desires you to be the receiving you.

Receiving desires you to be the receiving.

Receiving desires you to be in, with, through the receiving.

BE IN THE RECEIVING

BE WITH THE RECEIVING

BE THROUGH THE RECEIVING

How is it? How is it to be in, with, through the receiving? How is it to be in, with, through the receiving you?

Receiving prepares you to feel.

Practising receiving you prepare yourself to feel.

In, with, through receiving you become ready to feel.

In, with, through receiving you are ready to feel.

In, with, through receiving you feel.



FEEL

FEEL IN THE RECEIVING YOU

FEEL WITH THE RECEIVING YOU

FEEL THROUGH THE RECEIVING YOU

AGAIN

ANew

NOW

*Feeling*

Feeling is about welcoming.

It is about becoming welcoming.

Feeling is being welcoming.

It is being welcoming presence.

It is welcoming presence.

Practising feeling you become welcoming presence.

Feeling you are welcoming presence.

Welcoming presence you practises feeling.

Welcoming you practise feeling.

Welcoming you become feeling.

Welcoming feeling you are.

YouWelcomingFeeling.

FEEL

Feel welcoming.

Feel your welcoming.

Feel how joyous you are.

Feel how enthusiastic you presence are.

Feel welcoming you.

Feel you welcoming.

PRACTISE

Practise being enthusiastic.

Practise you enthusiasm, joyous and carefree enthusiasm.

You joyous and carefree welcoming enthusiasm.

You joyfully delighting, vibrantly alive, ecstatically euphoric enthusiasm.

You ecstatic enthusiasm.

Ecstatically enthusiastic you.

Ecstatically enthusiastic you are.

Ecstatically enthusiastic you feel.

Ecstatically enthusiastic you feel the feeling you.



ALLOW

Allow yourself to feel.

Allow yourself time. Allow yourself space. Allow yourself time and space to feel.

Allow the feeling you.

How is it? How is it to be the feeling you? How is it to be the feeling?

From the receiving you into the feeling you.

From transparent you into enthusiastic you.

From neutral into welcoming.

Neutral and welcoming you receive and you feel.

How is it to feel from the receiving you?

How is the feeling you from the receiving you?

How are the feeling you from the receiving you?

How are you?

How are you the feeling?

How is it to receive from the feeling you?

How is the receiving you from the feeling you?

How are the receiving you from the feeling you?

How are you?

How are you the receiving? How are you the feeling?

Feeling desires you to feel.

Feeling desires you to feel the feeling you.

Feeling desires you to become the feeling you.

Feeling desires you to be the feeling you.

Feeling gives you all you are ready to feel.

Feeling gives you boundlessly.



FEEL ENDLESSLY  
FEEL BEGINNINGLESSLY  
FEEL YOU

There is time. Allow yourself time to feel. Allow yourself to feel time. Allow time.

There is space. Allow yourself space to feel. Allow yourself to feel space. Allow space.

Feel time. Feel space. Be the feeling. Being the feeling, become time. Being the feeling, become space.

Feel time and space. Become time and space. Time and space you become. Time and space you are.

You time and space are ready to sense.

YouTimeYouSpace are ready to sense.

YouTimeSpace is ready to sense.

You, the feeling time, is (t)here to be sensed.

You, the feeling space, is (t)here to be sensed.

The feeling you time and the feeling you space are (t)here to be sensed.

The feeling YouTimeSpace is (t)here to be sensed.

The feeling YouTimeSpace is (t)here to sense.

Feeling is (t)here to be sensed. Feeling is (t)here to sense.

Feeling prepares you to sense.

Feeling desires to be sensed.

Feeling desires you to sense.

Feeling desires you to sense the feeling you.

Feeling desires you to receive the feeling you.

Feeling desires you to become the feeling you.

Feeling desires you to be the feeling you.

Feeling desires you to be the feeling.

Feeling desires you to be in, with, through the feeling.



BE IN THE FEELING

BE WITH THE FEELING

BE THROUGH THE FEELING

How is it? How is it to be in, with, through the feeling? How is it to be in, with, through the feeling you?

Feeling prepares you to sense.

Practising feeling you prepare yourself to sense.

In, with, through feeling you become ready to sense.

In, with, through feeling you are ready to sense.

In, with, through feeling you sense.

SENSE IN THE FEELING YOU

SENSE WITH THE FEELING YOU

SENSE THROUGH THE FEELING YOU

AGAIN

ANew

NOW

How is it to feel from the sensing you?

How is the feeling you from the sensing you?

How are the feeling you from the sensing you?

How are you?

How are you the feeling? How are you the sensing?

Sensing, receiving, feeling prepare you to live.

To live is NOT evil!



Practising sensing, receiving, feeling you prepare yourself to live.

In, with, through sensing, receiving, feeling you become ready to live.

In, with, through sensing, receiving, feeling you are ready to live.

In, with, through sensing, receiving, feeling you live.

Sensing, receiving, feeling you live.

SensingReceivingFeelingYou

A G A I N

A N E W

N O W

CREATE

